



## **Statistics Report 35001, Agutuk, fish/berry with seal oil (Alaskan ice cream) (Alaska Native)**

**Report Date: May 18, 2017 20:07 EDT**

Nutrient values and weights are for edible portion

| Nutrient                          | Unit | Value Per100 g | Data Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source   | NDB Ref | Last Modified |
|-----------------------------------|------|----------------|-------------|------------|-----|-----|----|----|----|-----------|--|---------|---------------|
| <b>Proximates</b>                 |      |                |             |            |     |     |    |    |    |           |  |         |               |
| Water <sup>1</sup>                | g    | 47.30          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Energy                            | kcal | 353            | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                                      | --      | 04/2004       |
| Energy                            | kJ   | 1479           | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                                      | --      | 04/2004       |
| Protein <sup>1</sup>              | g    | 3.40           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Total lipid (fat) <sup>1</sup>    | g    | 31.80          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Ash <sup>1</sup>                  | g    | 4.10           | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                                      | --      | 04/2004       |
| Carbohydrate, by difference       | g    | 13.40          | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                                      | --      | 04/2004       |
| Fiber, total dietary <sup>1</sup> | g    | 0.5            | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |

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|----------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|--|---------|---------------|
| Calcium, Ca <sup>1</sup>   | mg   | 8                 | --             | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Iron, Fe <sup>1</sup>      | mg   | 0.30              | --             | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Magnesium, Mg <sup>1</sup> | mg   | 7                 | --             | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Phosphorus, P <sup>1</sup> | mg   | 46                | --             | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Potassium, K <sup>1</sup>  | mg   | 70                | --             | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Sodium, Na <sup>1</sup>    | mg   | 21                | --             | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Zinc, Zn <sup>1</sup>      | mg   | 0.18              | --             | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Copper, Cu <sup>1</sup>    | mg   | 0.030             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |

| Nutrient   | Unit | Value Per 100 g | Data Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source   | NDB Ref | Last Modified |
|--|------|-----------------|-------------|------------|-----|-----|----|----|----|-----------|--|---------|---------------|
| Manganese, Mn <a href="#">1</a>                  | mg   | 0.130           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| <b>Vitamins</b>                                  |      |                 |             |            |     |     |    |    |    |           |  |         |               |
| Vitamin C, total ascorbic acid <a href="#">1</a> | mg   | 2.9             | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Thiamin <a href="#">1</a>                        | mg   | 0.040           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Riboflavin <a href="#">1</a>                     | mg   | 0.050           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Niacin <a href="#">1</a>                         | mg   | 0.550           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Pantothenic acid <a href="#">1</a>               | mg   | 0.020           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Vitamin B-6 <a href="#">1</a>                    | mg   | 0.010           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Folate, total <a href="#">1</a>                  | μg   | 3               | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |

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|---|------|-----------------|-------------|------------|-----|-----|----|----|----|-----------|--|---------|---------------|
| Folate, food                                    | µg   | 3               | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Vitamin A, IU <sup>1</sup>                      | IU   | 696             | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Vitamin E (alpha-tocopherol) <sup>1</sup>       | mg   | 2.36            | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| <b>Lipids</b>                                   |      |                 |             |            |     |     |    |    |    |           |  |         |               |
| Fatty acids, total saturated <sup>1</sup>       | g    | 7.700           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Fatty acids, total monounsaturated <sup>1</sup> | g    | 14.400          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| Fatty acids, total polyunsaturated <sup>1</sup> | g    | 8.400           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 04/2004       |
| 18:2 undifferentiated <sup>1</sup>              | g    | 7.100           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 01/2008       |
| 18:3 undifferentiated <sup>1</sup>              | g    | 0.530           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical data from the literature, partial documentation | --      | 01/2008       |

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|--------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|--|---------|------------------|
| Cholesterol <sup>1</sup> | mg   | 10                | --             | --         | --  | --  | -- | -- | -- | --        | Analytical data<br>from the<br>literature,<br>partial<br>documentation | --      | 04/2004          |

## Amino Acids

## Other

### Sources of Data

<sup>1</sup>Elizabeth Nobmann Nutrient Value of Alaska Native Foods, 1993